



# Asian Fire Cupping

The ancient technique of fire cupping can be easily integrated with any massage. While deep tissue works by pushing into the muscle, fire cupping works by using negative pressure and pulls the tissue away from the muscle vastly increasing circulation to the area treated. Cupping is most commonly indicated for hard contracted muscle that is unyielding to treatment and can be used as a substitute for acupuncture to treat a broad variety of health complaints. Non invasive and painless this simple technique helps to soften ropey, knotted muscles, increase circulation and promote the free flow of Qi throughout the body.

**Pre-requisite: Prior Bodywork Training**

Please bring linens and unscented oil

*"One of Mueller's best workshops!"*

*...Effortless Deep Tissue*  
With Holly Halsey, L.Ac.

**3 Dates in 2008!**  
**Sunday, March 30<sup>th</sup> , July 20<sup>th</sup>**  
**Or November 2<sup>nd</sup>**  
**9:30 am – 6:00 pm (7.5 CEU'S)**

**\$150 Professionals**  
**\$125 Students**  
**Tuition due upon enrollment**

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Approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education provider and the California Board of Registered Nursing provider #11227 (add \$10.00 for CEUs)